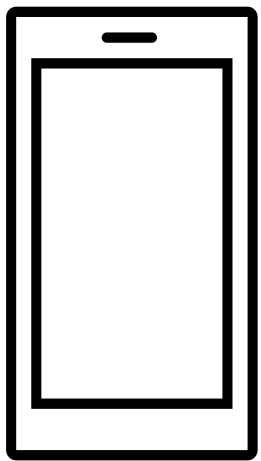




# Heartburn Health



The University of Cambridge and Queen Mary University of London are building Heartburn Health, a research programme for people with heartburn, indigestion and acid reflux.



Select men aged 55-79 years and women aged 65-79 years will be invited by **SMS text message from NHS Wales**.

If you are selected, your contact details will be shared with a trusted third-party provider (iPlato) to send the invitations.

Alternatively, you can **sign up online** on the Heartburn Health website: [www.Heartburnhealth.org](http://www.Heartburnhealth.org)

Look out for information from our partner organisations like Boots!



## FAIR PROCESSING NOTICE

If you do **not** want to be invited to Heartburn Health, please let Digital Health & Care Wales know by completing this online form: <https://dhcw.nhs.wales/data/research-and-innovation/our-projects/heartburn-health-programme-opt-out/>  
Or alternatively call: 0808 281 4772



Please note the HRA has given Section 251 support for this activity following advice from the Confidentiality Advisory Group.

Barrett's oESophagus Trial 4 (BEST4): A Randomised Control Trial Comparing capsule sponge Test Screening to Usual Care  
IRAS 332589 BEST4 Fair processing notice Wales V1.0 14May2025